



MCEP Residency Spotlight: CMU College of Medicine

www.mcep.org

Quick Facts

Location

Saginaw, MI

Length

3 years

Training Site

Community

ED Type

Level II Trauma
Centers

Shift Length

9 hours or less

Shifts per Month

19-21 shifts

Elective Weeks

8 weeks

Critical Care

16 weeks

Moonlighting

Yes

Ask the Program Director: Therese Mead, D.O.

What Distinguishes Your EM Program from Others?

CMU Emergency Medicine is the northernmost EM training program in Michigan with over 25 years of experience in training emergency physicians and future leaders in medicine. Our faculty are nationally and state recognized leaders in Emergency Medicine who pursue excellence in academics, clinical care and mentoring.

Our residents experience an innovative curriculum that focuses on collaborative and interactive learning. We utilize a multi-modal format that includes flipped classrooms, hands-on procedure labs and more than 50 hours of simulation-based training annually. Our state-of-the-art, 10,000 square foot clinical simulation center places us among the premier simulation facilities in the nation.

We utilize 2 primary teaching sites, both in Saginaw. Ascension St. Mary's and Covenant Healthcare are both Level 2 trauma centers and each contributes uniquely to the educational experience of our residents. Covenant Healthcare is a high-volume, high-acuity ED, with a PICU, NICU and Geriatric ED. At Ascension St. Mary's, both a Level 2 trauma and stroke referral center, our clinical experience includes working in a high-acuity single coverage ED.

Are There Lesser-Known Aspects of Your Program That You Could Share?

Our faculty really enjoy building an engaging didactic curriculum for our EM residents. We have had didactic sessions on the deck of a Forrest Sherman class destroyer, a toxicology scavenger hunt at our local zoo, and toured our local hyperbaric center, just to name a few.

Our favorite didactic day of the month is our "STARS Day," which includes high fidelity sim experiences, ultrasound workshops, "oral board" (now Certifying Exam) prep, and the crowd favorite OMT sessions with Dr. Hunt.

Our simulation faculty and staff regularly host the statewide EMRAM SimWars as well as the simulation experience at MCEP's Winter Student Symposium at Boyne Mountain. Come see us there!

What is the Structure of Mentorship Within Your EM Program?

Each incoming EM resident is paired with a core faculty advisor who will support them individually throughout their residency training. Most EM residents also choose one or more additional clinical and/or core faculty to serve as mentors throughout their training based on common interests, research work, etc.

What Makes an Applicant Stand Out in Your Residency Selection Process?

We are always excited to welcome new residents into our training program. We are looking for well-rounded applicants who are committed to our mission of producing exemplary physician leaders in the workplace and community. An exceptional applicant might have experiences that demonstrate a clear commitment to emergency medicine, interest in our community, service to the community, ability to work fluidly as part of a diverse team and an eagerness to grow professionally with the support of an enthusiastic residency program.

How Does Your EM Program Support Resident Wellness?

Our residency faculty & leadership seek constant feedback to optimize our residency experience. Our residents have a monthly resident meeting and our chiefs attend our monthly faculty meeting so we have a lot of opportunities to receive feedback.

We constantly look for opportunities to improve clinical schedules. Our 2 teaching sites cover clinical shifts for our residents multiple times throughout the year to allow our residents to attend events such as our retreats and graduation. We excuse our night shift residents from Thursday lectures.

Our residents & faculty host and/or support a variety of social events, including resident family dinners, Shocks & Saves hockey game, pickleball tournament, blueberry picking/BBQ w/ the PD, and retreats (kayaking and ice skating last year, heading to the Frankenmuth Aerial Park this summer...).

For more information on the McLaren Oakland Residency, please go to
<https://www.cmich.edu/academics/colleges/college-of-medicine/education/residency/emergency-medicine>

Program Information provided via the EMRA Match tool
<https://webapps.acep.org/match#/>

**Thank you Dr. Therese Mead for taking the time to complete our
MCEP Spotlight Interview!**